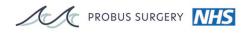






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Access all the services, wellbeing support and events in and around Probus

Stay informed - download the app today!



Scan the unique QR code to download the Help at Hand app for your GP surgery or use the link here:

https://link.hand.community/YjWA

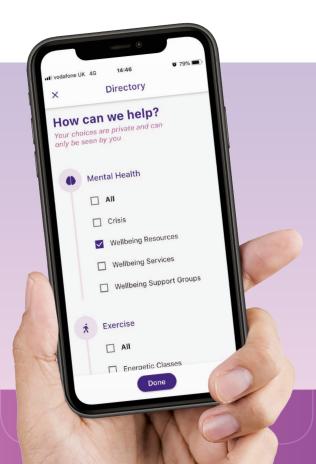
The Help at Hand app helps you stay connected and supported in your local community.

The app is free* and designed to give you, your family and friends access to the services and events that matter.

Simply download and click on the site of your choice to find the services and support most useful to you.

Sharing is caring. Tell your friends and family about the Help at Hand Community Info App.

*no in-app purchases



Help that's close at hand

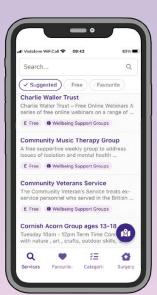
- **Essential** Find everything from counselling services, befriending schemes and exercise classes to local community events.
- **Easy** Discover services and upcoming events quickly without needing to log in or sign up to the app.
- Trusted Access the app securely, with no personal data stored. Tried and tested support services you can use with confidence and ease

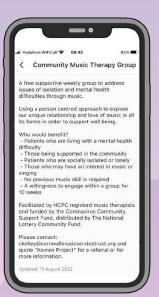


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If you run a service or support group for the community message us at: https://hand.community

The Help at Hand Community Info App brings everyone together



Find us online at: www.hand.community